

INGRIDIENTS:

- 1 LB 80/20 GROUND BEEF
- KOSHER SALT
- BLACK PEPPER
- . 4 BURGER BUNS
- TOPPINGS OF YOUR CHOICE

PROCEDURE:

- 1. DIVIDE BEEF INTO 4 EQUAL PORTIONS. SHAPE INTO 34-INCH PATTIES. MAKE A THUMBPRINT IN THE CENTER.
- 2. SEASON WITH SALT AND PEPPER.
- 3.COOK ON A HOT GRILL OR SKILLET: 4 MINUTES PER SIDE FOR MEDIUM
- 4.LET REST 3 MINUTES BEFORE SERVING.
- 5. TOAST BUNS, ADD TOPPINGS, AND